

Virtual Behavioral *Health*

Therapy from the privacy of your home or office

Whether it's stress, anxiety, depression, or sudden loss, we can help. Speak with a licensed therapist anytime from anywhere.



Mental health services include



Virtual Counseling: Consult with a Master-lever Therapist/ Counselor The amount of counseling sessions will be clinically appropriate based on the issue.

- Substance Abuse
- Depression
- · Death of a Loved One

- Relationship Issues
- Stress and Anxiety
- Parenting Issues



Virtual Psychologist: Licensed Psychologists for one-to-one session(s) to assess your symptoms and evaluate your medical, psychological, and family history to determine a productive treatment plan.

- Depression
- Addiction
- Stress Management

- · Life Changes
- Grief and Loss
- Relationship



Virtual Psychiatrist: U.S. based, board-certified Psychiatrist who can diagnose, treat and prescribe medications for a range of mental health disorders.

- Anxiety
- Depression
- Trauma & PTSD

- · Panic Disorders
- · Bipolar Disorder
- Addictive Behaviors
- Licensed healthcare providers provide clinical services through medical practices affiliated with Wize and other network providers. Additional or different telehealth requirements may be applicable in certain states; see www.wizebenefits.com for full terms and conditions.

"Only 57% of employees who report moderate depression and 40% of those who report severe depression receive treatment to control depression symptoms."

- ✓ The Right CARE at the Right Time
 For the cost of lunch, an employer can
 provide an employee and their family
 access to a suite of mental health services.
- ✓ Boost Productivity: Lower working parents' stress and free up their time
- Improve Retention: Give your employees support for their top priority, their kids
- ✓ We Make it Easy For You: Implement seamlessly into yourvendor ecosystem

