



## Virtual Psychiatry How to Use

Monday – Friday 8am-5pm | *Fast, Convenient & Affordable.*

Connect with our providers when feeling overwhelmed, experiencing anxiety or depression?  
Now you can choose the mental health solution that's just right for you!

### Simple as 1, 2, 3, 4

- 1 **Login** to your wizebenefits account online or app 24/7/365.
- 2 **Request a consultation** with a Psychiatrist, update your electronic health records, and complete an intake questionnaire.
- 3 **Psychiatrist** will contact you for the appointment and access your symptoms, evaluate your medical and family history, and help determine a course of action moving forward.
- 4 **Prescription will be sent** electronically to your local pharmacy.

### When to use

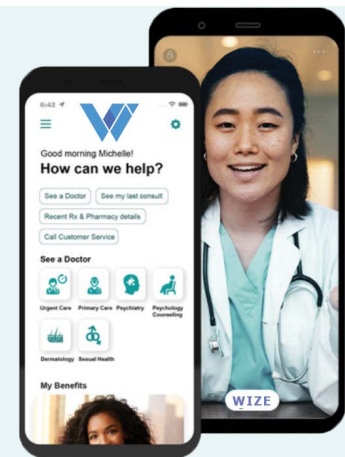
Our goal is to provide you with convenient, affordable healthcare, when you need it most. Members select a Primary Care Physician to manage their routine and ongoing health conditions, medication management, and preventative care. Monday – Friday 8 am to 5 pm

- If you have a mental health question and you just need professional guidance
- When you need help dealing with stress or life changing events
- Relationship issues and or addiction concerns
- Dealing with Grief and Loss

### Common Conditions

- Anxiety
- Trauma & PTSD
- Bipolar Disorder
- Depression
- Panic Disorders
- Addictive Behavior

Licensed healthcare providers provide clinical services through medical practices affiliated with Wize and other network providers. Additional or different telehealth requirements may be applicable in certain states; see wizebenefits.com for full terms and conditions.



### Services Provided:

- Establishment of a Virtual Primary Care Physician
- Management of health conditions over time
- Medication management, including on-going refills
- Lab tests and routine screening
- Health Assessment screening & evaluation
- Review and interpretation of lab test results and screenings
- In-network recommendations/referrals for specialty care services

701-203-1057

wizebenefits.com

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