



W I Z E

Virtual Psychology How to Use

Monday – Friday 8am-5pm | *Fast, Convenient & Affordable.*

Connect with our providers when feeling overwhelmed, experiencing anxiety or depression
Now you can choose the mental health solution that's just right for you!

Simple as 1, 2, 3, 4

- 1 Login** to your wizebenefits account online or app 24/7/365.
- 2 Request a consultation** with a Psychologist and describe the feelings you are experiencing.
- 3 Psychologist** will contact you for the appointment and access your symptoms, evaluate your medical and family history, and help determine a course of action moving forward.
- 4 On-going therapy** sessions encouraged and can be requested by logging into your Lyric account online or app.

When to use

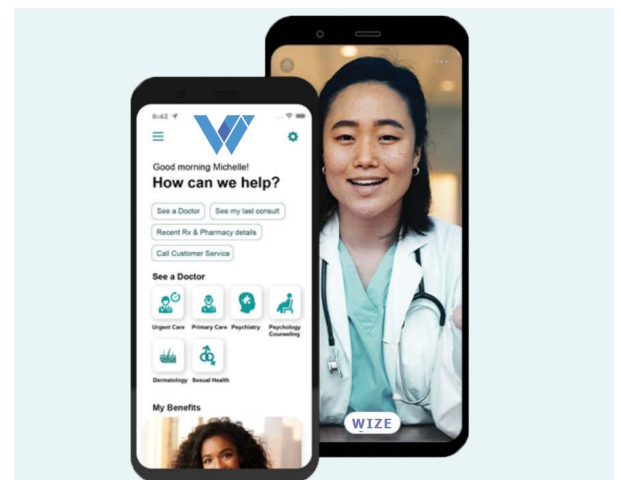
Our goal is to provide you with convenient, affordable healthcare, when you need it most. Members select a Primary Care Physician to manage their routine and ongoing health conditions, medication management, and preventative care. Monday – Friday 8 am to 5 pm

- If you have a mental health question and you just need professional guidance
- When you need help dealing with stress or life changing events
- Relationship issues and or addiction concerns
- Dealing with Grief and Loss

Common Conditions

- Substance Abuse
- Stress and Anxiety
- Relationship Issues
- Depression
- Death of a Loved One
- Parenting Issues

Licensed healthcare providers provide clinical services through medical practices affiliated with Wize and other network providers. Additional or different telehealth requirements may be applicable in certain states; see wizebenefits.com for full terms and conditions.



Services Provided:

- Establishment of a Virtual Primary Care Physician
- Management of health conditions over time
- Medication management, including on-going refills
- Lab tests and routine screening
- Health Assessment screening & evaluation
- Review and interpretation of lab test results and screenings
- In-network recommendations/referrals for specialty care services

701-203-1057

wizebenefits.com

Visit wizebenefits.com or download our free app **Wize Health** and schedule your doctor appointment today.

