



# Virtual *Counseling*

Feeling overwhelmed, experiencing anxiety or depression? Now you can choose the mental health solution that's just right for you!

## Virtual Counseling

Consult with a Master Degreed Counselor. The amount of counseling sessions will be clinically appropriate based on the issue. This program is for short-term problem resolution, referral, and crisis intervention services. No Visit Fee

## Virtual Psychologist Service

Virtual Psychologist Service, gives rapid access, lower costs, all from the comfort of your own home. Our licensed Psychologists (PhD, PsyD, or EdD) assess your symptoms, evaluate your medical and family history, and help determine a course of action moving forward.

## Virtual Psychiatrist Service

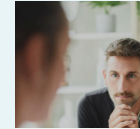
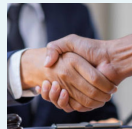
Connect with a U.S. based, board-certified Psychiatrist who can diagnose, treat, and prescribe medications for a range of mental health conditions.

Licensed healthcare providers provide clinical services through medical practices affiliated with Wize and other network providers. Additional or different telehealth requirements may be applicable in certain states; see [wizebenefits.com](http://wizebenefits.com) for full terms and conditions.



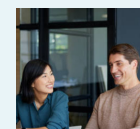
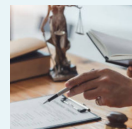
### When to use:

- Substance Abuse
- Depression
- Stress and Anxiety
- Death of a Loved One
- Relationship Issues
- Parenting Issues



### When to use:

- Depression
- Addiction
- Stress Management
- Life Changes
- Grief and Loss
- Relationship Issues



### When to use:

- Anxiety
- Depression
- Trauma & PTSD
- Panic Disorders
- Bipolar Disorder
- Addictive Behaviors

